

From the Buffet

#### Continental Breakfast - €12.50 Per Person

#### Cereal Selection (1a)

Weetabix (1b)
Corn Flakes (1b, 2)
Rice Krispies (1b)
Muesli (1b, 2,8, 9)
Coco Pops (1b, 2, 8, 9)

#### Gluten Free Selection

Cornflakes Rice Cakes Chocolate Rice Cakes (8) Gluten Free Bread And Toast

#### Yoghurt (8) Natural Yoghurt Fruit Yoghurt

#### Selection of Market Fresh Fruit

Fresh Fruit Salad Fruit Compote

#### Meats, Cheeses and Nuts (9)

Limerick Ham
Italian Salami
Smoked Salmon (Upon Request) (5)
Dubliner Smoked Cheese (8)
Smoked Cheddar (8)
Selection of Nuts (9)
Black and Green Olives

## Breads And Pastries (1a, 8)

White And Brown Toast (1a, 2, 7)
Brown Treacle Bread (1a, 2, 4, 8)
Mini Danish Pastries (4, 1b, 2, 9)
Croissants (1b, 2, 4)

#### **ALLERGENS**

ALL ALLERGENS ARE USED THROUGHOUT OUR KITCHEN

Ia.Cereals, Ib.Wheat, 2.Gluten, 3.Crustaceans, 4.Eggs, 5.Fish,6.Peanuts, 7.Soyabeans, 8.Milk, 9.Nuts, I0.Celery, II.Mustard,I2.Sesame Seeds, I3.Sulpher Dioxide, I4.Lupin, I5.Molluscs

# From the Litchen

### Full Irish Breakfast - €16.95 Per Person

Flahavan's Porridge (1a, 8)

Served With Fruit Compote or Honey

2 Egg Omelette (4, 8)

Choice Of Fillings;
Ham / Onion / Cheese / Tomato / Mushrooms

Pancakes (1a, 4, 8)

Choice Of Toppings; Nutella (8, 9) / Lemon Juice / Sugar/Banana Honey / Bacon / Golden Syrup

Scrambled Eggs and Smoked Salmon (4, 5, 8, 11)

Eggs Benedict (1a, 2, 4, 8)

Poached Eggs, Bacon, Hollandaise Sauce Served on a Toasted Brioche Bun

Eggs Florentine (1a, 2, 4, 8)

Poached Eggs, Spinach, Hollandaise Sauce Served on a Toasted Brioche Bun

From the Bugget

Full Irish Breakfast (1b, 2, 4, 13)

Bacon, Pork Sausages, Black Pudding, White Pudding, Grilled Tomato, Flat Cap Mushroom, Beans Choice Of Eggs: Scrambled, Fried, Poached.

Drinks

Freshly Brewed Filter Coffee and Breakfast Tea Selection of Herbal Tea

From The Machine (Self Service)

Americano / Latte / Cappuccino (8) / Espresso / Flat White

Temple Gate Smoothie Of The Day (8) Ask Your Server For Details

Juices And Water Orange / Cranberry / Apple / Iced Water

